



## AnNaas

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## النَّاسِ

In the name of Allah,  
Most Gracious, Most  
Merciful.

Allah k naam se jo  
Meharbaan nehayet  
Rahem wala hai.

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

1. Say: "I seek refuge  
with the Lord of  
mankind."

1. Kaho, mae panaah  
maangta hun ensaanou k  
Rabb ke.

قُلْ أَعُوذُ بِرَبِّ النَّاسِ

2. "The King of  
mankind."

2. Wo Baadsha hai  
ensaanou ka.

مَلِكِ النَّاسِ

3. "The God of  
mankind."

3. Wo Maabud hai  
ensaanou ka.

إِلَهِ النَّاسِ

4. "From the evil of the  
whisperer (in the heart or  
mind) who returns over  
and over again."

4. Sherr se weswaase  
daalne walay k (dil ya  
demaagh mein) jo baar  
baar palat kar aata hai.

مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ

5. "Who whispers into  
the hearts of mankind."

5. Jo weswaasa daalta hai  
ensanou k delaoun mein.

الَّذِي يُوسْوِسُ فِي صُدُورِ النَّاسِ

6. "From among the jinn  
and mankind."

6. Wo jinnaat mein se ho  
aur ensaanou mein se.

مِنَ الْجِنَّةِ وَالنَّاسِ

