

Three States of Human Self As Defined by AlQuran

النَّفْسُ الْأَمَّارَةُ - النَّفْسُ اللَّوَّامَةُ - النَّفْسُ الْمُطْمَئِنَّةُ

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Three States of Human Self and Personality

النَّفْسُ الْأَمَّارَةُ - النَّفْسُ اللَّوَّامَةُ - النَّفْسُ الْمُطْمَئِنَّةُ

النَّفْسُ الْأَمَّارَةُ human self is prone, prompts, enjoins and is inclined to evil

Yousuf 12:23-24,53 Story of Prophet Yousuf and wife of minister in Egypt

23. And she, in whose house he was, sought to seduce him from his self. And she bolted the doors and said: "Come on, O you." He said: "(I seek) refuge in Allah. Indeed, he (your husband) is my master, he made my stay honorable. Indeed, wrong doers will not succeed."

وَ رَاوَدَتْهُ الَّتِي هُوَ فِي بَيْتِهَا عَنْ نَفْسِهِ وَ غَلَقَتْ الْأَبْوَابَ وَ قَالَتْ هَيْتَ لَكَ قَالَتْ
مَعَاذَ اللَّهِ إِنَّهُ رَبِّي أَحْسَنَ مَثْوَايَ إِنَّهُ لَا يُفْلِحُ الظَّالِمُونَ

24. And certainly she desired him, and he would have desired her, if it had not been that he saw the evidence (sign) of his Lord. Thus it was, that We might turn away from him evil and lewdness. Indeed, he was of Our sincere servants.

وَ لَقَدْ هَمَّتْ بِهِ وَ هَمَّ بِهَا لَوْ لَا أَنْ رَأَا بُرْهَانَ رَبِّهِ كَذَلِكَ لِنَصْرِفَ عَنْهُ
السُّوَاءَ وَ الْفَحْشَاءَ إِنَّهُ مِنْ عِبَادِنَا الْمُخْلَصِينَ

53. And I do not acquit myself. Indeed, human self is prone to evil, except him upon whom my Lord has mercy. Indeed, my Lord is Oft Forgiving, Most Merciful.

وَمَا أُبْرِئُ نَفْسِي ۚ إِنَّ النَّفْسَ لَأَمَّارَةٌ
بِالسُّوءِ إِلَّا مَا رَحِمَ رَبِّي ۗ إِنَّ رَبِّي غَفُورٌ
رَّحِيمٌ

النَّفْسُ اللّٰوَامَةُ human self - accusing, rebuking, disapproving, correcting heart

AlQiamah 75:1-2 Allah swears by self correcting heart

01. Nay, I swear by the Day of Resurrection.

لَا أَقْسِمُ بِيَوْمِ الْقِيَمَةِ ۖ

02. And nay, I swear by the reproaching self.

وَلَا أَقْسِمُ بِالنَّفْسِ اللّٰوَامَةِ ۗ

AlAnbia 21:58-65 Ibrahim's people felt guilty but ignored

58. So he (Ibrahim) reduced them into pieces, except the biggest of them, that they might turn to it.

فَجَعَلَهُمْ جُودًا إِلَّا كَبِيرًا لَهُمْ لَعَلَّهُمْ إِلَيْهِ
يَرْجِعُونَ

62. They said: "Is it you who has done this to our gods, O Abraham."

قَالُوا ءَأَنْتَ فَعَلْتَ هَذَا بِآلِهَتِنَا يَا بُرْهِيمَ ۚ

63. He said: "But this has done it, biggest of them, this one. So ask them, if they can speak."

قَالَ بَلْ فَعَلَهُ كَبِيرُهُمْ هَذَا فَاسْأَلُوهُمْ إِنَّ
كَانُوا يَنْطِقُونَ

64. So they turned to themselves and said: "Indeed you, yourselves are the wrongdoers."

فَرَجَعُوا إِلَىٰ أَنفُسِهِمْ فَقَالُوا إِنَّكُمْ أَنْتُمُ
الظَّالِمُونَ

65. Then their minds tuned upside down, (they said): "Indeed, you know well that these do not speak."

ثُمَّ نَكَّسُوا عَلَىٰ رُءُوسِهِمْ لَقَدْ عَلِمْتُمْ مَا
هُؤُلَاءِ يَنْطِقُونَ

النَّفْسُ الْمُطْمَئِنَّةُ human self - peaceful and fully satisfied heart

AlBaqarah 02:207,165 Seeking Allah's pleasure by all means

207. And of mankind is he who would sell himself, seeking the pleasure of Allah. And Allah is Kind to (His) slaves.

وَمِنَ النَّاسِ مَن يَشُرِّي نَفْسَهُ ابْتِغَاءَ مَرْضَاتِ اللَّهِ وَاللَّهُ رَءُوفٌ بِالْعِبَادِ

265. And the example of those who spend their wealth seeking the pleasure of Allah.

وَمَثَلُ الَّذِينَ يُنْفِقُونَ أَمْوَالَهُمُ ابْتِغَاءَ مَرْضَاتِ اللَّهِ

AlFajr 89:27-30 Reward of a satisfied soul is Allah's pleasure and Paradise

27. O peaceful and fully satisfied soul.

يَا أَيَّتُهَا النَّفْسُ الْمُطْمَئِنَّةُ

28. Return to your Lord, well pleased, and well pleasing (in the sight of your Lord).

ارْجِعِي إِلَىٰ رَبِّكِ رَاضِيَةً مَّرْضِيَّةً

29. So enter among My servants.

فَادْخُلِي فِي عِبَادِي

30. And enter My Paradise.

وَادْخُلِي جَنَّاتِي

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human self - prone, prompts, enjoins and is inclined to evil

النَّفْسُ الْأَمَّارَةُ

human self - accusing, rebuking, disapproving, correcting

النَّفْسُ اللَّوَّامَةُ

human self - peaceful, and fully satisfied

النَّفْسُ الْمُطْمَئِنَّةُ